




















|| Annaprashan Pooja Samagri (Material) List ||



Qty	Annaprashan Specific Items Description
1 set	 Silver Bowl with Spoon for feeding the baby (if possible New).
*	Gift to Baby Gold/Silver Item: Gold/Silver Jewelry items like Chain, Ring, Bracelet, Locket, Pajjan etc... as per your liking and choice.
1	Gift to Baby Dress: New dress for the baby
1	 Approx 18 Inch Round or 12" X 18" Rectangle Silver/Stainless Steel/Wooden/Plastic Tray
	Want to know What Career your Baby might like? Different articles like Calculator, Dollar Bill (\$20, \$100), Pen, Pencil, Cell Phone, Crayons, painting brush, musical instrument, book, writing pad, Stethoscope(Dummy will also do), Doctor's Photo, Hospital's Photo (or any item indicating Medical Profession), Plastic Tool Toy like spanner, hammer etc... All these articles which indicate different professions are kept in the tray in front of the Baby. It is believed that which ever object the baby picks up or touches may be the career for the baby; so add any other items creatively as you wish.
	Decoration: You can engage a professional decorator or decorate the venue with decoration items available in stores like Party City.





|| Pooja Samagri List ||

Qty	Pooja Items Description
1	 Decorative Door Hanging (Toran) for the main door.
*	 Red Yellow, Green, Rangoli Colors. Decorate the entrance of your house with an attractive Rangoli Design. You can also use colored chalks or crayons.
1	 Chaurang (Chowki/ Bajot) - 4 legged wooden square stool (18"X18"X6-8"). (A rectangular coffee tray, a square or rectangular box may also be used)
1	 Shankha – Conch
1	 Shankh (Conch) Stand if available.
1	 Ghanta – Bell (Silver/Brass/Stainless Steel)
1	Ganesh & Lakshmi Murti/Coin (Silver/Brass)
1	Kul-Devata (Family Deity) Murti (Silver/Brass) or photo.
2	Kalash Vastra (Cloth - like blouse piece, handkerchief, napkin...)

Qty	Pooja Items Description	
2		Flower pots/vases with decorative flowers
1		Samai – Indian Traditional Oil Lamp (Silver, Brass or Stainless Steel).
10-12		Long Cotton Wicks for Samai (Oil Lamp). Soak about 4-6 wicks in Oil in a small bowl well in advance before Pooja.
1		Keep some oil in a small bowl with spoon so that it can be put in the Oil Lamp during Pooja as and when needed.
1	Match Box or Gas Lighter	
1	Cello Tape	
1	Scissor	
1	Paper Napkin Roll/Packet	
2		Kalash/Loti (Silver/Copper/Stainless Steel).
2		Tamhan/Purnapatra (7-8" diameter) (Silver/Copper/Stainless Steel Plate traditionally used in Pooja)
1 set		Panchpatra/Bhande (Silver/Copper/Stainless Steel – traditional Indian pot about 2.5" Dia X 3" height) & Pali (Silver/Copper/Stainless Steel – traditional Indian Pooja Spoon)
1		Niranjan - Traditional Indian Ghee Lamp (Silver/Brass/Stainless Steel Lamp)
10-12		Cotton Wicks for Niranjan (Traditional Indian Ghee Lamp). Soak about 5-6 wicks in Ghee in a small bowl well ahead of time before the Pooja begins.

Qty	Pooja Items Description
1	 Keep some Ghee in a bowl with spoon to be used for the Ghee Lamp (Niranjan) during Pooja as and when needed.
2	 Silver/Stainless Steel Plates about 9"-12"
1	Water Jar/Jug/Bottle (½ Gallon) (Stainless Steel/Plastic)
1	Ganga Jal Pouch/Bottle
1	 Utensil/Bowl (½ Gallon) (Stainless Steel/Plastic) for keeping used water
3-4	 Medium size stainless steel bowls or utensils
3-4	 Regular Stainless Steel Spoons
25	5 types of Fruits 5 each like Mango, Banana, Apple, Orange, Grapes, Pear, Peach etc...
11	1 Dollar Bills
11	Quarter Coins
5	 Cotton Balls
5	 Janve (Janeu) (White Holy Thread)
1	 Red Holy Thread (Moli)
*	Akshata (Rice Grains mixed with a pinch of Kumkum)
1	Haldi Packet (Turmeric Powder)
1	Kumkum Packet (Holy Red Powder)
1	 Chandan Tika
1	 Sandalwood Powder or Tablets Packet.

Qty	Pooja Items Description	
1		Ashtagandha Powder (Scented Orange Powder) Bottle/Packet
1	Agarbatti (Thin Incense Sticks) with Stand	
1		Dhoop (Thick Incense Sticks/Cones/crystals etc...) Box/Packet
1		Kapur (Camphor Tablets) Pack.
25		Tambulam/Khaan Ke Patte (Betel Leaves with stem). Important: Buy the betel leaves a day in advance; wrap them up in the tissue paper and store in the refrigerator after bringing home so that they will remain fresh and won't turn black.
40		Supari (Betel Nuts)
*		5 types of Dry Fruits 12-15 pieces each e.g. Cashews, Almonds, Resins, Pistachio, Dry Dates, Walnuts, Dried Apricots, Dried Figs, Pecans etc...
12		Gud (Jagary) Pieces
3		Dry Coconut Halves
1	Khadisakhar (White Sugar Crystals) Packet	
5		Naral / Nariyal- (Coconut with water).
*	Panchamrut (Mixture of Milk, Curd, Honey, Sugar, Ghee) Take a glass of cold milk, add 1 tea spoon honey, 1 tea spoon Ghee, 1 Tea Spoon Curd and 1 tea spoon sugar. Mix thoroughly.	
1	Maha Naivedya (Maha Bhog) – One plate of Food cooked in home e.g. Rice/Pulav, Daal, Vegetables, Roti/Puri, Sweet, Chutney, Papad etc...	
*	Sweets of your choice e.g. Pedha / Barphi / Laddu /khir etc... As per number of attendees.	

Qty	Pooja Items Description	
*		Paper Cups for Distributing Prasad. Keep the paper cups duly filled in with Prasad before Aarti begins.
*		Small Square or Rectangular Paper Napkins to be given to the attendees while giving Panchamrit/Charanamrit & Prasad. Small square pieces of Paper Napkins can also be cut from the Paper Towel Roll. Keep these ready before Aarti begins. Preferably a day before Pooja Day.
5-10	Tulasi Leaves (Holy Basil Leaves) if available	
20-25	Flowers Assorted (Rose, Marigold etc...)	
*	Ghee for Niranjana (Ghee Lamp) 1 Bottle/Bowl	
*	Edible Oil for Samai (Oil Lamp) 1 Bottle/Bowl	
1		Attar - (Scent) small bottle
3-4		Round Plates (Stainless Steel /Plastic/Disposable) for keeping Pooja Material

- Please keep all the material well organized in different plates arranged to the right side of the Pooja Chaurang (Chowki).
- Ensure that the Pooja begins on time so that it can be completed in time.
- Please have some relatives/friends to help you on the Pooja day as much as possible.

Authentic Source of Pooja Material in Bay Area:

Pooja International, 34159 Fremont Blvd., Fremont, CA 94555

Contact: Sunita D Singh Tel: 510-793-7930 / 408-569-0990 Cell